

We also go on the yards and look for people who are lonely and are by themselves. These people could just be sitting there for a time out.

LISTEN

We have the peace and prayer space where people can relax, have a nap, talk about their worries.

We do assemblies about mental health.

In the chill and chat we have a list of children who are expected to come in. The people on the list are people who have worries, get angry, struggle.

The chill and chat isn't just about coming and talking, you can come and just sit there for a bit.

We do lego therapy.

Mental health champion

Help

We help children who are struggling and might need help.

TALK

our job is to make sure everyone is happy and happy. And to support people when they are struggling.

Check-in

We go round to classes and talk to children.

SUPPORT

We also just listen people might just want someone to listen to them.

Sort it out