East Lancashire Hospitals NHS Trust A University Teaching Trust







Mental Health Awareness Week 15th - 19th May 2023

## **Parent webinars**

## Join us on Teams by scanning the QR code and adding the ID and passcode of your chosen webinar

	My Anxious child	Helping your child with exam stress	Psychoeducation around worry	My anxious child
	15 <sup>th</sup> May	16 <sup>th</sup> May	17 <sup>th</sup> May	18 <sup>th</sup> May
10am	Meeting ID: 351 559 492 624 Passcode: FJB9ML	Meeting ID: 357 382 124 664 Passcode: Gffhor	Meeting ID: 344 119 659 453 Passcode: AAHxf2	Meeting ID: 392 679 166 83 Passcode: 2AMV3b
				Psychoeducation around worry
6pm		Meeting ID: 319 471 423 371 Passcode: ne3K32		Meeting ID: 334 237 546 14 Passcode: cSnj7D